

	Foot Reflexology Certification In-Class Course	Comprehensive Distance learning Reflexology Course	*Distance learning Reflexology Course	**Reflexology Practical Training	Core Curriculum In-class	Core Curriculum Distance learning	*Basic Curriculum Distance learning
Course fee \$	1750	1400	1250	1050	700	350	200
Accredited hours	167	155	153	126	41	29	27
In-class Learning hours	35	21	21	21	14	.	.
Home studies (25hrs)	✓	✓	✓	.	✓	✓	✓
In-class anatomy, physiology & core reflexology	✓	.	.	.	✓	.	.
RAC Reflexology Manual	✓	✓	✓	.	✓	✓	✓
RAC Workbook	✓	✓	✓	.	✓	✓	✓
Written exam (2hrs)	✓	✓	✓	Prerequisite	✓	✓	✓
Practical exam (2hrs)	✓	✓	✓	✓	.	.	.
Hands-on training	✓	✓	✓	✓	.	.	.
50 Case Studies (100hrs)	✓	✓	✓	✓	.	.	.
Review session (3hrs)	✓	✓	✓	✓	.	.	.
Practical manual	✓	✓	✓	✓	.	.	.
Skype/remote session (2hrs)	.	✓	.	.	.	✓	.
Complete reflexology ressource kit (hard copy)	✓	.	.	.	✓	.	.
Resource supplement on USB key	✓	✓	.	.	✓	✓	.